



Instructions for adaptation

- X-1240 (back support)
- X-1241 (lumbar mujer)
- X-1242 (lumbar hombre)
- X-1341 (dorsal mujer)
- X-1342 (dorsal hombre)

*back support*  
*lumbar*  
*dorsal*

**RECTUS**

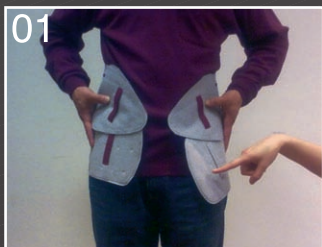


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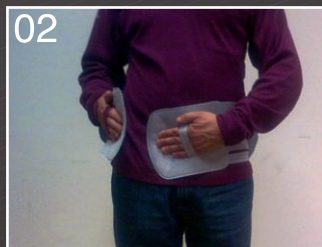
SN

LOT

## 1- Adaptación del Back Support RECTUS



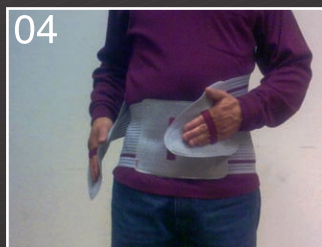
01 Colocar y ajustar la faja a la altura correspondiente del paciente con las bandas triangulares arriba.



02 Colocar la banda de abajo con trabilla de color gris sobre el vientre.



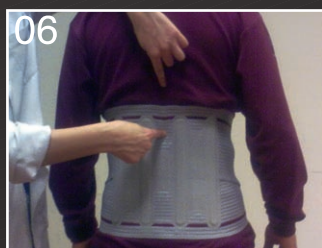
03 Superponer sobre la anterior la banda de abajo con trabilla de color burdeos.



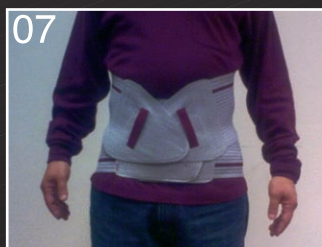
04 Pegar una de las bandas de arriba a la altura deseada.



05 Superponer sobre la anterior la otra banda de arriba.

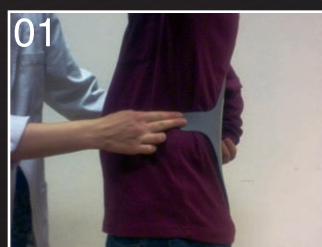


06 Comprobar que la faja está bien centrada por la parte posterior.



07 La faja RECTUS está adaptada. El paciente puede ajustarla fácilmente gracias a las trabillas.

## 2- Adaptación del Lumbar RECTUS



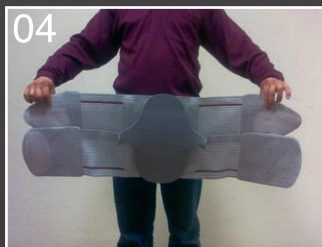
01 Colocar el apoyo de la valva anatómica lumbar en la cintura.



02 Fijada la valva lumbar en su correcta posición, pegar la faja con el velcro.



03 Asegurarse de que esté bien centrada la faja sobre el soporte lumbar.

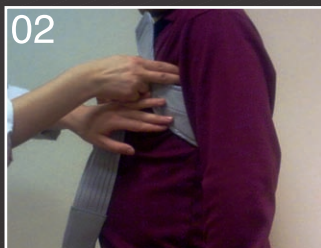


04 Colocado el soporte lumbar, adaptar la faja según las instrucciones de colocación del Back Support RECTUS.

### 3- Adaptación del Dorsal RECTUS



01 Colocar el apoyo en cintura de la valva anatómica dorsal.



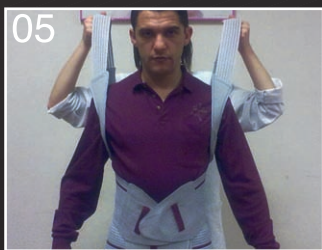
02 Dejar una holgura de los tirantes bajo los brazos de 3 ó 4 cm.



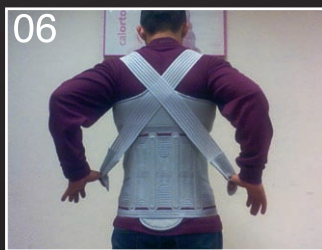
03 Fijada la valva dorsal en su correcta posición, pegar la faja con el velcro.



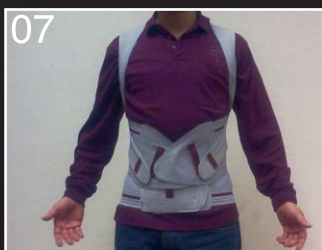
04 Asegurarse de que esté bien centrada la faja sobre el soporte dorsal y adaptar la faja según las instrucciones de colocación del Back Support RECTUS.



05 Estirar los tirantes del soporte dorsal de delante hacia atrás, ejerciendo así una retropulsión de los hombros.



06 Estirar los tirantes elásticos por detrás, ayudándose de las trabillas y pegarlos con el velcro sobre la faja.

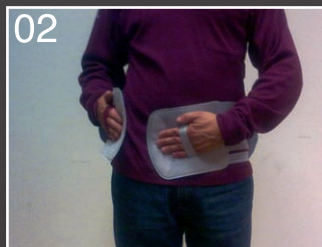


07 El soporte dorsal RECTUS está adaptado. Las tiras elásticas permiten constantes adaptaciones del paciente.

## 1- Adaptation of Back Support RECTUS



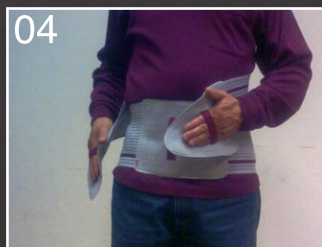
Set and adjust the back support on the patient correctly, with triangular bands above.



Set the bottom band with grey hand support on the stomach.



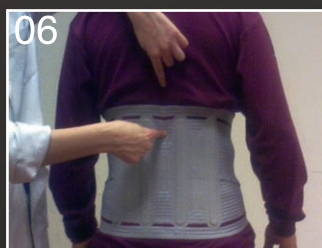
Overlap and stick the red hand support band on the previous band (grey).



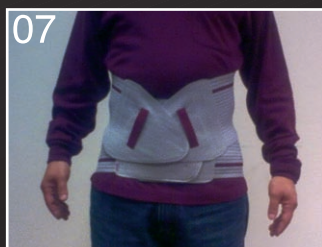
Stick the up band on the desired height.



Overlap the other upper band on the previous band.

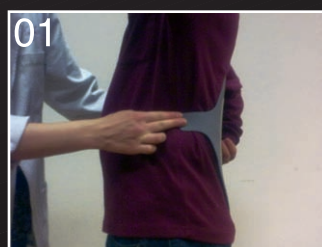


Check if the belt is properly centred on the back.



The RECTUS back support is adapted. The patient can adjust it with hand supports.

## 2- Adaptation of Lumbar RECTUS



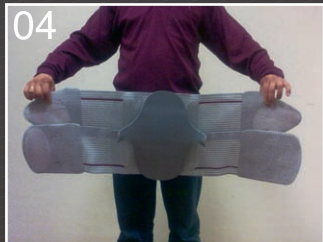
Set the anatomic lumbar valve in the waist.



Stick the belt on the lumbar valve with velcro.



Check if the belt is properly centred on the lumbar support.



Set and adjust the belt when the lumbar support is properly stuck, like indicate back Support RECTUS instructions.

### 3- Adaptation of Dorsal RECTUS



Set the anatomic dorsal valve in the waist.



Leave a clearance of the straps under the arms of 3 or 4 cm.

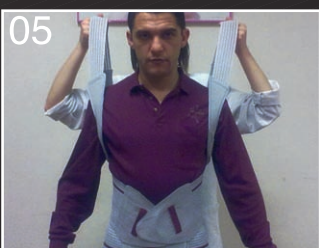
ENGLISH



Stick the belt on the dorsal valve with velcro.



Set and adjust the belt when the dorsal support is properly stuck and centred, like indicate back Support RECTUS instructions.



Stretch back support straps for front to back, thus exerting a retraction of the shoulders.



Stretch elastic straps behind, helping of hand support and stick the velcro on the belt.



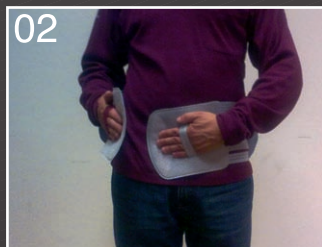
Dorsal support RECTUS is adapted. The elastic bands allow for constant adjustments to the patient.

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## 1- Adaptação do Back Support RECTUS



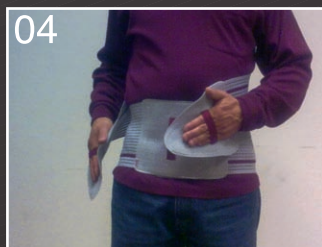
Colocar e ajustar a faixa à altura correspondente do paciente com as bandas triangulares para cima.



Colocar a banda de baixo com a asa de cor cinzenta sobre o ventre.



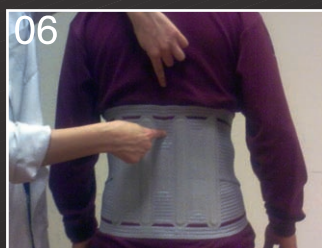
Colocar sobre a banda anterior a banda de baixo com a asa de cor vermelha.



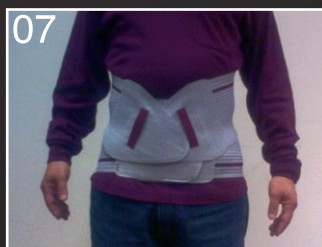
Fixar a banda de cima à altura desejada.



Sobrepor sobre a banda anterior a outra banda de cima.

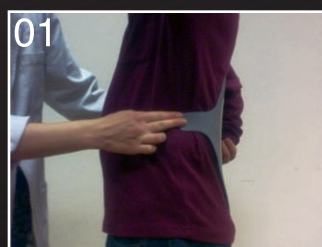


Comprovar que a faixa está bem centrada na parte posterior.



A faixa Rectus está adaptada. O paciente pode ajustá-la apertando mais ou menos as asas.

## 2- Adaptação do Lumbar RECTUS



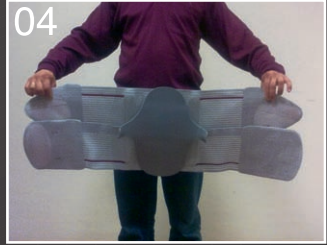
Colocar o apoio lombar na cintura.



Quando o suporte lombar já está na posição correta, fixar a faixa com velcro.



Assegurar-se que a faixa está bem centrada no suporte lombar.



Adaptar a faixa segundo as instruções de colocação Back Support RECTUS.

### 3- Adaptação do Dorsal RECTUS



Colocar o apoio dorsal na cintura.



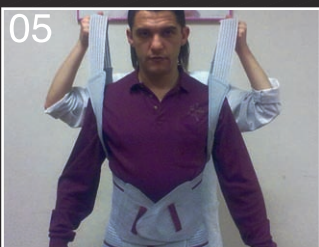
Deixar uma distância entre os tirantes e as axilas de 3 ou 4 cm.



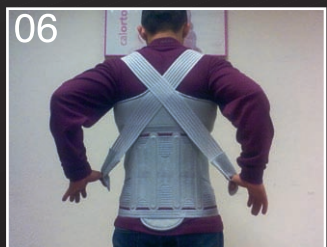
Quando o suporte dorsal já está na posição correta, fixar a faixa com velcro.



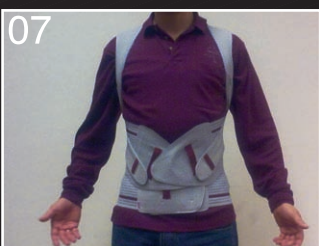
Assegurar-se que a faixa está bem centrada no suporte dorsal e adaptar a faixa segundo as instruções de colocação do Back Support RECTUS.



Estirar os tirantes do suporte dorsal de frente para trás, favorecendo assim a retropulsão dos ombros.



Estirar os tirantes elásticos por detrás, ajudando-se das asas e pegá-los com o velcro sobre a faixa.



O suporte dorsal Rectus está adaptado. Os tirantes elásticos permitem constantes adaptações do paciente.

PORTUGUÊS

Acaba usted de adquirir un producto que ha sido debidamente testado y que cumple con la normativa CE.

Queremos darle las gracias por confiar en nuestro

Se aconseja que este producto sea adaptado bajo la supervisión de un médico o profesional de la ortopedia.

Ante cualquier duda durante su adaptación le agradeceríamos que se pusiera en contacto con nosotros llamando al teléfono:

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o mediante email a:

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We wish to thank you for trusting our product.

It's advisable that this product is adapted under medical or orthopedic professional supervision.

In case of doubt during its adaptation we ask you to contact us through the following phone number:

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